







East Fife Sports Council Newsletter Issue 1 2017

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EFSC Dates for your Summer & Autumn Diary 2017:

- Wed 3rd May 2017—Annual Awards Ceremony Gateway Building, St.Andrews. 7.00pm
- Thurs 1st June 2017—Executive Committee Meeting. Duffus Park Bowling Club. 7.00pm.
- Sat 17th June 2017—East Neuk Sports Hub Open Day. Waid Academy. 10.00am.
- Wed 13th September 2017—EFSC AGM. Duffus Park Bowling Club. 6.30pm.

Congratulations to Fife Croquet Club EFSC Sports Quiz Winners 2016



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MESSAGE FROM THE CHAIR

Welcome to the Spring 2017 edition of the newsletter. As always it is full of information of things that have been happening in the East Fife area as well as some information on events due to take place.

To take the place of last year's cancelled Club Conference we invited Mr Sven Eikjaer of Sports Marketing Network (SMN) to give an interesting talk on the subject of Growing Your Club. Upon conclusion all affiliated Clubs were invited to apply for bespoke mentoring from SMN. I am pleased to say that eleven Clubs accepted the offer and mentoring on this important subject is ongoing.

The next event is the annual Awards Ceremony at the Gateway Building, St.Andrews in May. This is always a popular event giving you and your club the opportunity to recognise and reward the dedication and hard work of the athletes, coaches and volunteers within your club. Always remember that without your nominations the Awards Ceremony would not take place.



Following on from the success of last year's sports quiz we plan to make this an annual autumn social event giving club members the opportunity to compete for the title of EFSC Sports Quiz Champions 2017. The challenge we give you is for all affiliated clubs to enter a team and continue to make the occasion a success

In the meantime, we all look forward to a great summer. Rona McCraw (Chair)

LAUNCH OF NEW SPORTS COUNCIL INTER-ACTIVE WEBSITE

It is time to bring the East Fife Sports Council website into the current century and re-vamp the general layout and enhance the features available. The Secretary is currently engaged with an Executive Committee approved plan to use a recognised IT company, Alpha Tango Ltd, to re-energise our website and make it more inter-active. Each affiliated Club will have their own drop down page giving contact details and current news. Next year reaffiliation will be achievable on line. Links to Facebook and Twitter will be incorporated. Currently we are trawling for sporting images of regional athletes and sporting activities to enhance the various website pages. Further work is currently ongoing to complete this project with a launch date of June 2017.





















ALBA 2011

FIFE OLYMPIAD REPORT - Böblingen 2017

The Youth Olympiad enters its third cycle in July this year. This is the 15th occurrence of the event that happens every three years centred around one of six towns/areas in Europe and one in Turkey and that started in 1978 in Böblingen

In celebration of this, a new logo has been designed for the Fife team who will be travelling to Böblingen to compete in 10 sports.

The sports involved are athletics, badminton, basketball, football, handball, judo, karate, swimming, tennis and volleyball with both female and male teams in all disciplines except handball that is male only.



BERGAMA 2014

168 young athletes from across Fife will compete for medals in the above sports who will be accompanied by 24 sports coaches and an official party representing the Olympiad Committee and Fife Council.

Selection has been on-going since the autumn of last year and teams are now in their final phases of training.

The Chairman, John Vaughan indicated that a team from Fife would not have been possible without the assistance of the sports selectors, sports coaches, sports clubs and the Active Schools organisation all across Fife and Fife Copuncil who have been instrumental in supporting the Olympiad organising committee in the selection and training of the young competitors. He also thanked the local Sports Councils for their support to the athletes travelling in the group. He was expecting every Secondary School in Fife to be represented in one or more sports.



For some youngsters this is a life time experience and they will be meeting and mixing with their peers from the other countries thus broadening their experience, not just in sport, but in social interaction that will become a rewarding memory for the remainder of their lives.



Bergama 2014



Team Medals "Up for Grabs" - 2014



Fun Time after Competing - 2014



Girls Football Team - 2014

The Fife Olympiad Committee also organises the Glenrothes Road Running Festival. This year's event will be held on the 18th June at the Michael Woods Sports & Leisure Centre. This is a multi race event and includes 2 km, 4 km and 10 km races. All the profits are retained for the support of the participants in the following Youth Olympiad.

The Youth Olympiad was held in Fife in 1984, when the games were opened by Princess Anne, and then again 2003. The next Games will be held in Cergy-Pontoise, France in 2020.



FALKLAND CRICKETERS HEAD TO INDIA

Two of Falkland CC's most promising young cricketers headed off to India last year on a tour led by former Falkland professional Manoj Parmar. Cameron Nellies and Calum Watson, both 18, have played for the Club since primary school and were very much looking forward to the prospect of playing cricket abroad for the very first time. This once in a life time opportunity to go on an overseas cricket tour provided them with a fantastic opportunity to improve their cricket skills, technique, fitness, tactics and mental approach to the game. The tour was led by former

first class cricketer and UKCC Level 4 coach Manoj Parmar who is well known to Falkland having been the Professional in the 1980's and 1990's. He is a highly respected coach who has coached amongst others the current Indian Test player Cheteshwar Pujara. Manoj currently resides in in Thame, Oxfordshire and has been running similar tours to his home country for a number of years. Manoj last visited Falkland when he presented the prizes at the Club's annual awards evening.

The nine day tour consisted of 7 matches at the international cricket ground at Rajkot with



many hours of specialist 1-2-1 coaching and practice in between. There was also opportunities to coach schoolchildren which was a most rewarding experience.

Scotland Policy Keynote Seminar - Policy Priorities for Sport in Scotland

Earlier this year the Secretary attended the above Seminar with a view to reporting on the various topics delivered. It was a busy session with talks ranging from a review of Community Sports Hubs to priorities for sporting development, the role of partnership awareness schemes and priorities for sporting governance.

Mel Young, Chair of Sport Scotland, started off proceedings with a review of the Sport Scotland strategic plan citing priorities to enhance resources, investing heavily in the enablers (trained staff) and a strategy for greater participation in sport in general. He reported that £8.5m had been invested in 61 projects over the past year. He did, however, warn of the likely reduction in gov't funding and lottery assistance for sport in the future.

Developing plans for Community Sports Hubs were discussed with a target to increase the existing 157 Community Sports Hubs to a total of 220 by the year 2020. The emphasis for the future was to be getting all ages active, targeting in-activity, providing a diverse range of activities and involving a wider community engagement.

Priorities for grass root sports with regards access and social inclusion was also a hot topic. It was stated that 19% of the Scottish population had a recorded disability and only 20% of the disabled take necessary levels of physical activity. There was to be a priority on developing an inclusive culture with ethnic minorities and female participation being encouraged to take more exercise.

The development of world-class sporting facilities in Scotland and elite sport in general was debated. The need for a focused strategy and better communication with commercial partnerships were spoken about but no specific future plans were announced. Mention was made of the new national centre for sporting excellence at Inverclyde due to be opened in May 2017.

Ann Budge, Chair of Heart of Midlothian FC, Spoke on the subject of sporting governance and the need to deliver best practice in sports management coupled with strong leadership.

Aileen Campbell MSP, Minister for Public Health and Sport, finished off the seminar with a positive note on Scottish achievements at the 2016 Olympics (13 Olympic Medals and 17 Para-Olympic Medals). She spoke of the need for the Gov't to fight against physical inactivity and was committed to a more active Scotland.

















ACTIVE FIFE TRAINING COURSES VACANCIES - MAY to OCTOBER 2017

Workshop: Writing Successful Funding Application

Date: Monday 15thMay 2017

Venue: Fife House, Glenrothes KY7 5LT

Time: 6pm to 9pm

Cost: FOC **Tutor: Bill Weir**

Workshop: Swimming Team Managers Level 1

(Swimming Club Members only) Date: Tuesday 16th May 2017

Venue: Conf.Rm 1, Fife House, Glenrothes KY7 5LT

Time: 6.30pm to 9pm

Cost: FOC

Tutor: Gina Logan

Workshop: Developing Club Facilities

Date: Thursday 8th June 2017

Venue: Beath High School, Cowdenbeath KY4 9BH

Time: 6pm to 9pm

Tutor: Peter Gordon & John Gheel (Sportscotland)

Workshop: Positive Behaviour Management in Sport

Date: Wednesday 16th August 2017

Venue: Levenmouth Academy, Buckhaven KY8 1EA

Time: 6pm to 9pm

Cost: FOC

Tutor: Morag Martindale

Workshop: Sports First Aid

Dates: Saturday 28th and Sunday 29th October 2017 Venue: Lumphinnans Bowling Club, Lumphinnans Time: 10am to 4pm KY4

9JB

Cost: £75 per person **Tutor: Mark Agley**

Request Course Application form:

sportsDevelopment.Enquiries@fife.gov.uk

Tel Contact: 03451 555555 x 402507

FALKLAND TENNIS CLUB **KEY DIARY DATES 2017**

Falkland Street Fair & Duck Race - Sat 24th June

"Wimbledon Event" (Gents Final Day) - Sun 16 July

FTC Club Championship Finals —Sat 2nd September

You are all most welcome to come and join in with these very sociable events

CONGRATULATIONS TO ANNA HEDLEY



Winner of the Scottish National Cross Country U.13s and many other related events in 2016

STOP PRESS

Fife Voluntary Action promise to deliver a series of training courses for Club officials on the responsibilities of Club Management and Sport Governance over the summer months. East Fife Sports Council will publish details when FVA finally go to print.















